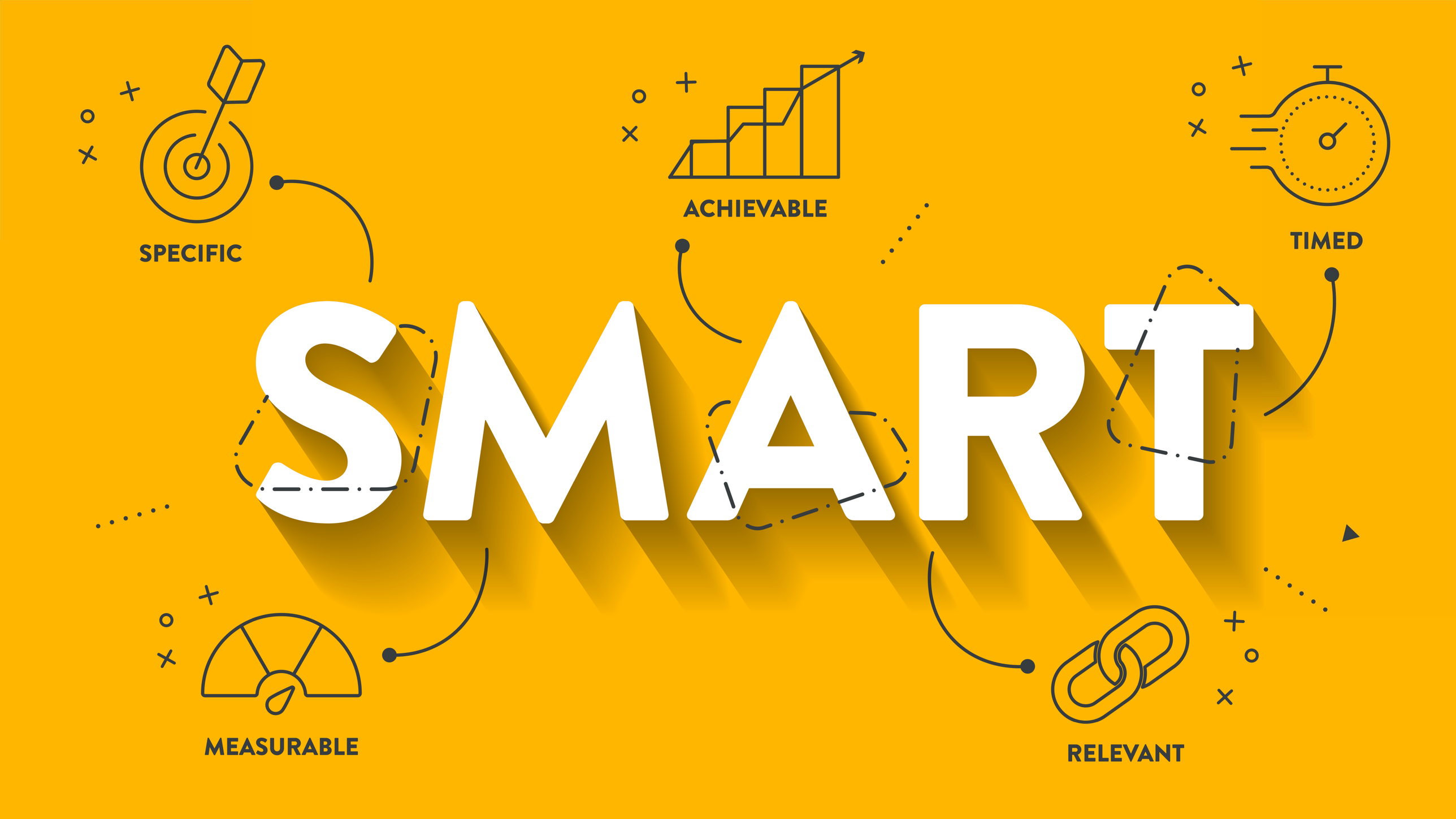
SPECIFIC
ACHIEVABLE
TIMED
SMART
MEASURABLE
RELEVANT